

Steve Hale Goalkeeping School

UEFA A Licence Goalkeeping Coach & Advanced Youth Award Goalkeeping Coach

"Coach the Coaches"

"How Can I Help My Goalkeeper"

Friday 28th October 2016 – 6:45pm – 9:00pm at Royal Wootton Bassett Sports Ground

Cost £20.00

Often the goalkeeper will get overlooked when it comes to training sessions with their team, having to join in as an outfield player and not getting the chance to practise their techniques and skills individually or within the team for what is a specialized position.

If you are a team manager/coach or even a parent this session will give you an insight into what you can do to help your young goalkeeper develop across the "Four Corners" (Technically/Tactically, Physically, Socially and Psychologically)

Itinerary:

First hour will be classroom based, second hour will be pitch based and will cover various aspects including:

- Confidence
- Communication
- Physical Movement Patterns of a Goalkeeper
- The demands on the "Modern Day Goalkeeper"
- Distribution
- Individual and Inclusive work of the Goalkeeper in sessions
- Starting Positions
- Individual and Team warm ups

During the session Coaches will have a chance to ask plenty of questions on the subjects covered. At the end of the session Coaches will also get the opportunity to ask questions on other areas of goalkeeping.

www.stevehalegoalkeeping.co.uk



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24 Waggoner Close Abbey Meads Swindon SN25 4WU

NAME
TELEPHONE NUMBER
EMAIL ADDRESS
TEAM NAME AND AGE GROUP
POSITION WITHIN CLUB (Manager/Coach/Parent)
ENCLOSED PAYMENT OF £ Cash / Cheque (Payable to "Steve Hale") / Payment made by bank transfer (Please ask for account details to pay into)
The £20.00 Payment must be made at least 24hrs in advance of the session
Any questions or areas you would like to look at or discuss on the evening?

SIGNED_____

Website: <u>www.stevehalegoalkeeping.co.uk</u> Email: <u>steve@stevehalegoalkeeping.co.uk</u> Tel: 07711 275526